

DATE	University & Lectures / Workforce Training Facilitated
2019	<i>International Mental Health Conference-Client Informed E-Collaboration for Better Access Allied Mental Health – PhD Preliminary Findings QLD Aus.</i>
2018	<i>Trauma Informed Best Practice – Understanding &amp; Engaging Students</i> Curriculum development / workshops facilitation for Victorian Department of Education, South East Division Allied Health Staff for ELMHS
2018	Mental Health PhD Program, University of Melbourne, Department of Psychiatry, Psychology & Global & Population Health - Interdisciplinary Research Group
2017/ 2018	Client-Involved & Informed E-Collaboration PhD Research – Mi Team Mental Health AMHSW & Better Access inter-professional telemental health MMR study
31/10/2017	<i>SLT Successes and Failures in Telehealth</i> Conference Brisbane
05/09/2017	<i>CBT &amp; Depression</i> Hobart for Orygen National Centre in Youth Mental Health
20/07/2017	<i>Social Media &amp; Healthy Child, Adolescent &amp; Family Development</i> ELMHS, AISW, UoM
13/07/2017	<i>Autism Update- Best Practice</i> Monash Health, ELMHS PD Series
02/06/2017	<i>Student Emotional &amp; Behavioral Health</i> King David School- Private Consulting Teaching and Leadership Staff Workshop
05/05/2017	<i>Suicidality &amp; Sexual Assault- Where to Turn</i> Chisholm TAFE Teaching Workforce
25/07/2016- 18/11/2016	<i>Mental Health &amp; Young People-</i> Subject Coordinator for Department of Pediatrics & RCH & The University of Melbourne
11/07/2016	<i>Wellbeing in Community – Us Them, Me &amp; You.</i> Beacons Hills College Keynote & Whole of School Staff Mental Health Promotion Training (Consultancy)
02/06/2016	SAFEMinds - 'Train the Trainer' F2F Delivery with DET South East Victoria
31/05/2016	<i>Understanding Attachment –</i> Lecture for 'Theories of Adolescent Development' Subject, Orygen Higher Education Team
21/04/2016	<i>Attachment Across the Lifespan</i> ELMHS PD Series
19/02/2016	Prof. Barbara Stanley- Safety Planning & Risk Workshop. Monash University
11/02/2016	<i>Understanding Transitions in Autism Across 0-18</i> ELMHS PD Series
18/01/2016- 22/01/2016	<i>Top End Mental Health Service (TEMHS)</i> Youth In-Patient Training Package Developed & Co-Presented ATSI, Group and Trauma Informed Package for OSK.
11/12/2015	<i>CBT for Depression &amp; Suicidality –</i> HOBART for Orygen National
15/06/2015- 07/12/2015	<i>ACT vs CBT &amp; Anxiety in Young People –</i> Researched, Developed and Presented Package for Orygen, The National Centre of Excellence in Youth Mental Health
03/12/2015	<i>Social Media &amp; Adolescents –</i> Presented for Monash Grand Rounds Pediatrics

17/09/2015	<i>School Refusal &amp; Challenging Behaviors in Primary School</i> ELMHS PD
19/08/2015	<i>Online Anxiety Module</i> – Researched, developed and filmed for Orygen, The National Centre of Excellence in Youth Mental Health- <i>Expert Network</i>
16/06/2015	<i>Seeing The Good</i> – Understanding Conduct Disorders. Dr. Sheryl Hemphill
14/05/2015	Brief Therapy Interventions - Evidence & Practice. Co Presented with Dr. David Moseley for Monash ELMHS PD Series.
20/05/2015	Commenced as Clinical Specialist & Educator for Orygen, The National Centre In Youth Mental Health (.5) with Skills & Knowledge Division (OSK).
18/03/2015	Chronic Suicidality - Dr. Michael Gordon - ELMHS PD Series
05/03/2015	Bruce Perry, Neuroscience of Trauma Conference- Berry Street
16/01/2015	<i>Young People &amp; Mental Health</i> Subject Curriculum Development – contracted to re-work Grad Dip / Masters Level subject for 2015. Department of Pediatrics, Centre for Adolescent Health; The University of Melbourne Faculty of Medicine & Health Sciences.
20/11/2014	Sexual Safety Online – Children, Adolescents, Youth. SECASA & ELMHS - Monash Health
07/10 – 11/11 2014	<i>Time to Reflect</i> program – Sothern Peninsula Area Schools – DEECD, AISV, Catholic Education Professionals facilitated for Monash Health ELMHS.
13/10/2014	Webinar for VIC Department of Health – 2014 Mental Health Act and Youth
10/09/2014	Self-Harm in Schools – Suicide Prevention and SAFE Minds headspace & ELMHS
14/08/2014	Autism and Young People – Dr Belinda Gargaro ELMHS Neurodevelopmental Specialist
30/07 – 15/11 2014	Young People and Mental Health Course Coordinator, Department of Pediatrics, Centre for Adolescent Health. The University of Melbourne Faculty of Medicine & Health Sciences.
24/07/2015	Single Session Therapy – The Bouverie Centre Training
23/07/2014	Challenging Behaviors in Primary School Aged Children – Formulation Child Psychiatrist Dr. Ben Samuel - ELMHS PD Series
17/07/2014	Single Session Family Consultation – The Bouverie Centre, La Trobe University
01/07/2014	SAFEMinds – <i>Schools and Families Enhancing Minds</i> - Headsapce National School Support Team – Train the Trainer for Mental Health Professionals
Ongoing	Vic-Statewide MHPO Network- All CAMHS Represented since 2012-
22/05/2014	Victorian Department of Health <i>People in Health Summit</i> - Finalist for PD Series & ELMHS Stakeholder Engagement Community Development in Human Services
13/05/2014	Vulnerable Online? Social Media & Young People ELMHS & YAWCRC Young and Well Collaborative Research Centre
27/03/2014	Group Therapy: Theory & Practice – Early in Life Mental Health Service

25/02/2014 & 26/02/2014 14/7/2014	Parliamentary Friendship Group of Youth Mental Health Canberra – Member Requested by Senator penny Wright. Cross All Major Political parties to address service gaps and needs – Representing AASW, ELMHS, Private Practice
20/02/2014	Young and Well Collaborative Research Centre Conference
13/02/2014	Attachment and Complex Trauma – Professor Louise Newman, George Habib
10/02/2014	Self-Harm Behavior – Athol Road Primary School Delivered Staff PD
12/11/2013	RAPPS – Early Psychosis and the EPPIC Model – ELMHS PD Series
09/10/2013	Time to Reflect Program– Casey / Cardinia Schools – ELMHS & Orygen
12/09/2013	Challenging Behavior in Adolescence – Mental Illness or Adolescence? Dr. Michael Gordon, ELMHS Consultant Psychiatrist
11/09/2013	Melbourne University YPMH 2013 – Risk Assessment in Context
30/07/2013	DSM 5 – Updates and Clinical Implications for Early in Life, Monash Health
25/07/2013	National Suicide Prevention Conference 2013- ‘Reflecting on Collaboration – Public, Private, Community and Education Working Together to Prevent Youth Suicide’.
30/06/2013 -	APS- Children’s Mental Health Service Professional Development Training: Fundamentals (CMH Fundamental). Online Australia Psychological Society
20/06/2013	Presented and Developed <i>Enhancing Resilience – Adolescent Mental Health</i> .
23/05/2013	<i>Dual Diagnosis and High-Risk Youth</i> . City of Casey for Monash Health & YSAB
17/04/2013	<i>Complex Trauma in Primary School Aged Children</i> . Dr. George Habib and CASEA
May –Nov 2013	Melbourne University – Course Coordinator / Lecturer for MHYP Masters and Grad Diploma in Adolescent Health (Mental Health & Young People). Faculty of Medicine and Health The University of Melbourne and Centre for Adolescent Health @ RCH (Royal Children’s Hospital).
18/03/2013	STORM – Skills-Based Training on Risk Management at Headspace National Office
2013 onwards	Monash Health, Early In Life Mental Health Service- Professional Development Series. Developed, piloted and evaluated the developmentally focused PD series for ELMHS Stakeholders
13/11/2012	Risk Assessment in Mental Health An Overview. Emergency Department Social Work Staff – Casey Hospital, Allied Health Team
31/10/2012 – 05/12/2012	<i>Time to Reflect</i> – Reflective Practice and Mental Health Promotion Training Package Facilitation for DEECD / Education Sector in response to Suicide Cluster in Casey / Southern Metropolitan. Developed Partnership between tertiary mental health agencies Orygen Youth health, Southern Health ELMHS and Travancore School.

17/10/2012	Melbourne University – Working with CALD Young People – Mental Health & Young People Subject Coordinator Lecture for Faculty of Medicine and Health Sciences, Graduate and masters of Adolescent Health.
12/09/2012	Melbourne University, Masters in Adolescent Health – Lecture – Mental Health Interventions
05/09/2012 - ongoing	Victorian Statewide MHPO Network – Department of Health, Mental Health Promotion & Secondary Consultation
02/08/2012	Greater Dandenong Seminar Series – ‘Risky Business’ – Working in Youth Work Across Cultures
15/08/2012	Melbourne University, Faculty of Medicine and Health Sciences – Lecture / Subject Coordination for Mental health & Young People. Risk Assessment in Young People lecture
04/07/2012	Refugee Minor Program – Department of Human Services & Department of Immigration. Developed half day workforce reflective practice training on Complex Trauma and
03/07/2012	Complex Trauma and Challenging Behaviors, Catholic Care Staff
19/06/2012	Clinical Supervision Training – Southern Synergy Monash University
14/06/2012	Anxiety and Young People; City of Greater Dandenong Seminar Series
22/05/2012	Youth Suicide Forum- City of Casey
01/05/2012	Youth Justice - Understanding Complex Trauma and Attachment PD session for DHS Justice Staff
28/02/2012	Graduate Diploma and Masters of Adolescent Health Guest Lecturer: Anxiety, ACT (Acceptance and Commitment Therapy) and Young People.
From Jan 2012-	Early in Life Mental Health Service Stakeholder Engagement Committee Co- Chair for Southern Health / Monash Health (0-12 & 12-25 Groupings)
From Jan 2012 -	Working / Steering Committee, City of Casey All of Agency Response to Youth Suicide – Representing the ELMHS and Southern Health
From 2004 - 2010	<u>PROD COM</u> Program Coordination– Professional Development Series for CAH, MCRI, RCH Staff: National & International speakers related to sectors of Health, Mental Health, Education, Drug & Alcohol, Forensic Issues and Health Research
19/10/2011	ADHD Current Research – Presented by Dr. Daryl Effron and Dr. Vicki Anderson
18/10/2011	‘Health promotion & Young People’ – Guest lecturer for Graduate Diploma and Masters in Adolescent Health The University of Melbourne
06/10/2011	AMHSW (Accredited Mental Health Social Work) Conference – Dignity and Hope in Mental Health
05/10/2011	Borderline Personality Disorder Conference –Treatment Perspectives and Research
09/09/2011	Allied Health Forum at GPV Victoria – Medicare Locals Update
01/09/2011-	Advanced ACT (Acceptance and Commitment Therapy) Training Adelaide – with Dr. Russ Harris
03/05/2011	AASW Ethics Forum
23/03/2011	<i>Risk Assessment: Working with Young People Who Self Harm</i> Graduate Diploma in Adolescent Health, The University of Melbourne

19/02/2011	Australian and New Zealand Association of Pediatric Dentistry – <i>Working with Young People, Communication Skills and Anxiety Containment</i>
16/09/2010	Invergowrie Women’s Professional Development Series – <i>Client Directed Outcome Informed Practice in Adolescent Health</i>
08/08/2010	<i>Mental Health &amp; Young People</i> . Study Skills: Graduate Diploma Adolescent Health. The University of Melbourne
22/06/2011	Youth Resource Officer Training – Engagement with High Risk Youth Victoria Police – Youth Officers
27/05/2010	<i>Counting Sleep: Sleep and Young People, What you need to know.</i> Presented ‘Sleep self-care in Adolescence’ Forum RCH with Prof. Dorothy Bruck
27/11/2009	COPE- Chronic Illness Self-Management Skill Building A Consumer and Staff Literacy and Capacity Building Program
22/10/2009	RAW – Resilience and Wellbeing – Disruptive Behavior Disorders An Overview of the Early Intervention program for Secondary Schools
27/07/2009	CSL Professional Development Series Parenting Adolescents – Strength Focused Solutions
29/05/2009	Access Ministries: Vision in Education and Chaplaincy <i>Making Referrals Work</i> <i>What, Where, How</i>
30/04/2009	Family Choice Program Home and Community Care Nursing Education Day <i>Grief and Complex Needs, Adolescents and Families</i>
28/01/2009	RAW – Resilience and Wellbeing <i>Early Intervention for Disruptive and Challenging Behaviors</i> <i>Program Development, teacher Training</i>
15/10/2008	Dr. Russ Harris Acceptance and Commitment Therapy Introductory Clinical Workshop – Attended
14/10/2008	Victoria Police Youth Officers <i>Practical Communication and Motivational Enhancement Skill building Workshop – AFHS</i>
09/10/2008	Central Highlands General Practice Network, Gisborne <i>Understanding Eating Disorders / Adolescent Development</i>
01/10/2008	Youth Advisory Council – RCH <i>Assisted in planning, development and implementation of first consumer advisory council for young people at RCH</i>
17/09/2008	Invergowrie Women’s Education Linkage Series -CDOI – <i>Principles and Practice</i>
26/08/2008	Sharing the Load – Self Management Forum RCH <i>Developed pilot chronic illness self-management and transition education and interactive forum for parents and adolescents</i>

20/08/2008	Starlight Children's Foundation Australia <i>Working with Young People- Developmental Needs</i>
06/08/2008	Home and Community Care Nurse In-service RCH- <i>Responding to Self-Harm</i>
08/07/2008	Victorian Government Working Group <i>Because Mental Health Matters Consultation</i>
19/06/2008	Chronic Illness Alliance
11/06/2008	MSW Clinical Students, Melbourne University <i>Overview of Adolescent Health</i>
07/ 05/2008	Royal Children's Hospital Grand Rounds <i>Self-Management and Transition Issues for Young People</i>
23/04/2008	Centacare Catholic Family Services <i>Working with Adolescents / Practical Counseling Skills</i>
14/04/2008	Victoria Police, Office for Youth <i>Engagement Skills for Youth Officers, Train the Trainer</i>
17/10/2007	"Minding Nemo" Statewide Conference, 2007 – <i>Keynote</i> <i>Shared Vision – Being Responsive at the Local Level</i> Department of Education, Student Wellbeing Managers
07/09/2007	MOCA Management of Clinical Aggression Training
06/08/2007- 10/08/2007	Train the Trainer- <i>Client Directed Outcome Informed Practice</i> CHICAGO IL Dr. Miller & Dr. Duncan
13/08/2007	University of Chicago, Maudsley Eating Disorder Unit <i>Overview of HEADSS Assessment</i>
30/07/2007	CEED – Centre for Excellence in Eating Disorders Maudsley Family Therapy Clinical Training
18/07/2007	WOROWA Aboriginal School, Management PD Overview of Adolescent Health and Engagement Skills Attachment Theory / High Risk Youth
30/04/2007	RCH Nurse Training – Stages of Change / Overview of Eating Disorders for the Acute Medical Setting
04/04/2007	MINDFUL RESEARCH 'Turing to Teens' Project <i>Parenting Skills for Adolescence – Emotion Coaching Framework</i>
09/03/2007	RCH HACC (Home and Community Care Nurse) Overview of Adolescent Health principles / Engagement & Communication Skills / Community Referral Networks
26/03/2007	ACHPER Australian Council for Health, Physical Education and Recreation, Principles of Engaging with Youth
05/12/2006	RCH Paediatric Nursing Staff – Practical Skills when working with Anorexia on the Acute Medical Ward Adolescent Health Burden of Disease Data

21/11/2006	CENTACARE/ CASEA Reference Group – School Focussed Youth Service Partnership
11/11/2006	CCCH – Centre for Child & Community Health 2006 Medical Training & Development Forum
24/08/2006	Carer Participation – Parenting Forums for Chronic Illness Royal Children’s Hospital
08/08/2006	RCH- Practical Counselling Skills for Nurses Youth Overview with Strength Focussed Intervention
06/06/2006	RCH-Counselling & Engagement Skill building for Nursing and Allied Health Staff
30/05/2006	Development and Co-Presentation of CEED ‘Module A’ ‘Understanding Eating Disorders’
21/02/2006	ACHPER Australian Council for Health, Physical Education and Recreation, Principles of Engaging with Youth Adolescent Health Burden of Disease Data
18/02/2006	CAPAV Counselling and Psychotherapy Association of Victoria – Clinical Training in Adolescent Psychotherapy
11/10/2005	UoM Graduate Diploma Adolescent Health & Welfare <i>Anxiety Disorders – Youth</i>
22/17/2005	Carey Baptist Grammar – Parents’ Series <i>Understanding Teenage Depression – Risk &amp; protective Factors</i>
2005	<i>Adolescent Health Conference 2005 – Challenge, Debate, Inspire, Survive</i>
2005	Advancing Youth Centered Practice
2005	PACFA National Conference 2005 Adolescent Psychotherapy – Engagement through an Eclectic Approach
2005	Adolescent Psychotherapy – Engagement through an Eclectic Approach

